

GROW PILLOW

AN EXTENSION PATTERN BY

Suzy  quilts

Active hyperlinks, so click where you see an underline!



FABRIC REQUIREMENTS

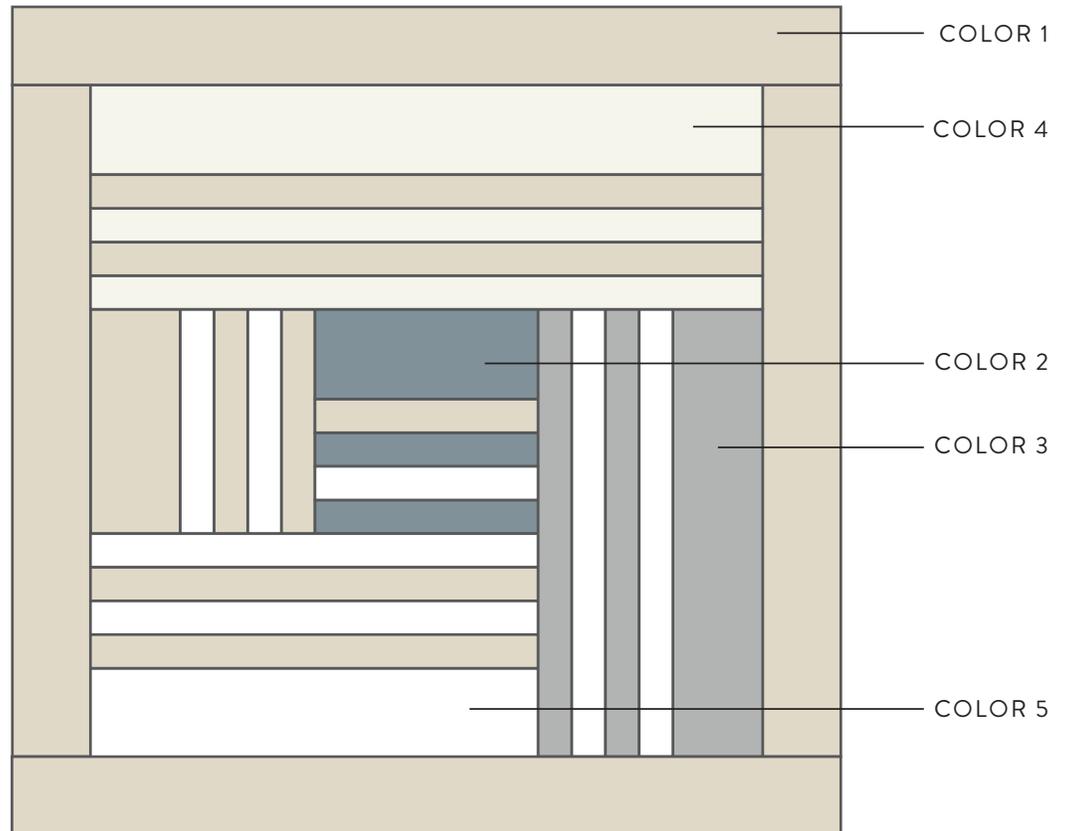
Color 1	1 FQ or ¼ yd.
Color 2	1 FQ or ⅛ yd.
Color 3	1 FQ or ⅛ yd.
Color 4	1 FQ or ⅛ yd.
Color 5	1 FQ or ⅛ yd.
Backing	½ yd.

CUTTING INSTRUCTIONS

Color 1	a: 3 - 1¼" x 6" 2 - 1¼" x 11" 2 - 1¼" x 16" b: 1 - 2½" x 6" c: 2 - 2¼" x 16" 2 - 2¼" x 19½"
Color 2	a: 2 - 1¼" x 6" b: 1 - 2½" x 6"
Color 3	a: 2 - 1¼" x 11" b: 1 - 2½" x 11"
Color 4	a: 2 - 1¼" x 16" b: 1 - 2½" x 16"
Color 5	a: 3 - 1¼" x 6" 4 - 1¼" x 11" b: 1 - 2½" x 11"

18" X 18" FINISHED (19" x 19" unfinished to allow a ½" on all sides.)

Seam Allowance = ¼" for all piecing with a ½" around the perimeter
FQ = Fat Quarter: a pre-cut of fabric measuring approximately 18" x 21"



BLOCK ASSEMBLY

This quilt is broken up into “blocks” of the same color scheme. Each block consists of five strips: four skinny strips (“a” strips in the Cutting Instructions) and one wider strip (“b” strips in the Cutting Instructions).

Refer to the **Grow quilt pattern** and the blog posts in the **Grow Sew Along** for full instructions on assembling the blocks for the pillow. The chart to the right shows which colors to use in each block.

	Block A trimmed: 5 ½" Colors 1, 2, and 5
	Block B trimmed: 5 ½" Colors 1 and 5
	Block C trimmed: 10 ½" Colors 1 and 5
	Block D trimmed: 10 ½" Colors 3 and 5
	Block E trimmed: 15 ½" Colors 1 and 4

PILLOW ASSEMBLY

1. Refer to the layout diagram below. **The measurements on the diagram indicate the length of each unfinished unit after trimming.** At each step, check the layout diagram to ensure your block is oriented in the right direction before sewing.
2. Trim Block A to $5\frac{1}{2}$ " long. **Fig. 1**
3. Sew Block B to the left side of Block A and press toward Block B. Trim Block B so that it is even with the top and bottom of Block A. **Fig. 2 TIP!** Every time you trim a strip, use the edge of your ruler to square up the pillow top. If it starts to get off-kilter at any point, lightly mist the fabric with water and gently stretch it so that it gets back on track.
4. Sew Block C to the bottom of the unit from Step 3 and press toward Block C. Trim Block C so that it is even with the sides of the previous unit. **Fig. 3**
5. Sew Block D to the right side of the unit from Step 4. Press toward Block D. Trim Block D so that it is even with the top and bottom of the previous unit. **Fig. 4**
6. Sew Block E to the top of the unit from Step 5. Press toward Block E. Trim Block E so that it is even with the sides of the previous unit. **Fig. 5**
7. With right sides together, center the shorter border strips on the sides of the pillow top. Pin and sew. Press toward the border strips, then trim the strips so they're even with the top and bottom of the pillow top.
8. Repeat Step 7 to attach the remaining border strips to the top and bottom of the pillow top. Press and trim.

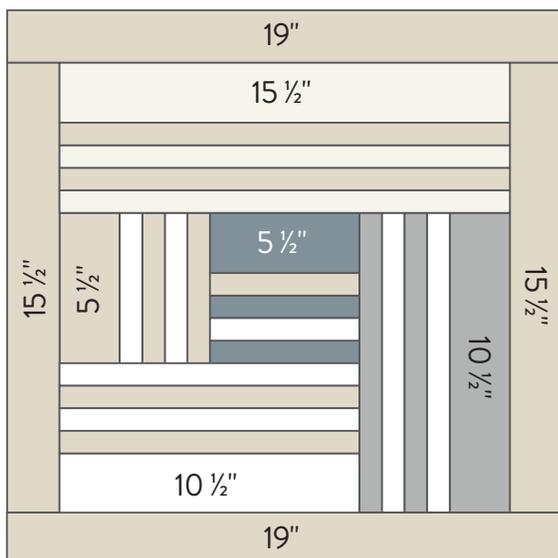


Fig. 1

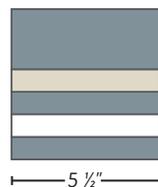


Fig. 2

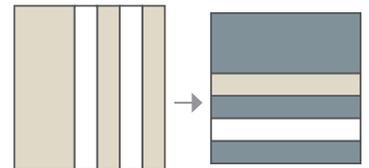


Fig. 3

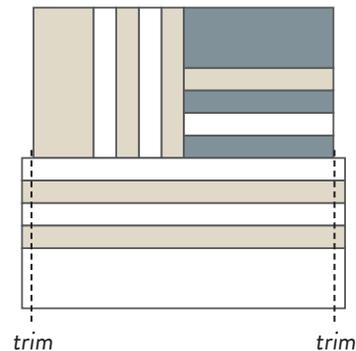


Fig. 4

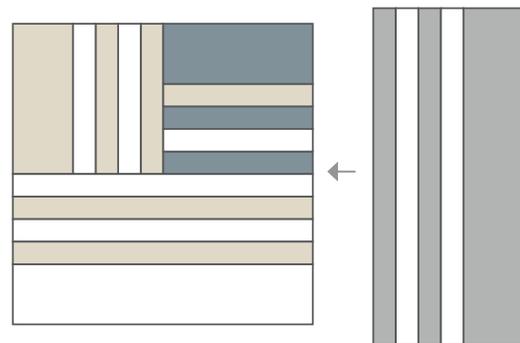
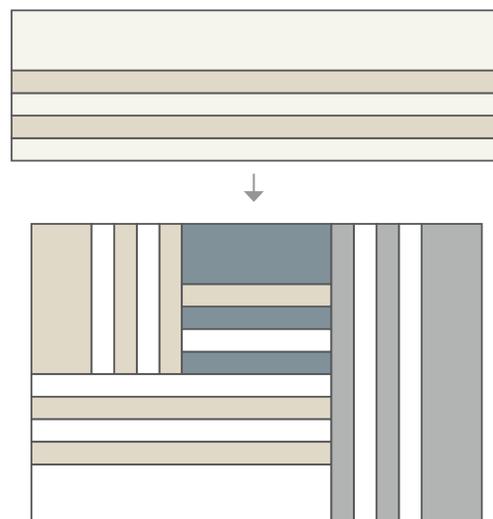


Fig. 5



FINISHING THE PILLOW



Check out the Suzy Quilts YouTube channel for more tutorial videos! bit.ly/suzyquilts

1. Layer the pillow lining wrong side up, followed by the batting and pillow top right side up. Baste as desired. Quilt as desired.
2. Trim the excess batting, pillow lining, and pillow top to measure 19" x 19", leaving a 1/2" seam allowance around the perimeter for assembling the pillow.
3. Suzyquilts.com has three free tutorials on different ways to finish a quilted pillow.

Visit bit.ly/pillow-tutorial for a tutorial on how to finish a pillow with a hidden zipper.

Visit bit.ly/exposed-zipper for a tutorial on how to finish a pillow with an exposed zipper.

Visit bit.ly/envelope-pillow for a full tutorial on how to finish a pillow with an envelope enclosure and binding. (That is how this example pillow was finished.)

4. Post your finished pillow to Instagram and use #GrowQuilt.

COLOR
YOUR
OWN!

